



Nursery Curriculum Newsletter—Autumn Term 2

Why can't I have chocolate for breakfast?

Hello!

Over the next few weeks we will embark on our new cornerstones project—**Why can't I have chocolate for breakfast?** We'll find out why we can't eat chocolate for every meal, which foods are healthy and more in this project about food, mealtimes and nutrition.

Literacy

We will be exploring mark making in different sensory experiences such as oats, seeds and flour and **practising holding pencils using a tripod grip**. We will be looking at print in different forms such as menus, recipes and shopping lists.



Favourite Five—The Tiger that came to Tea, The Gingerbread Man, Handa's Surprise, Supertato, Chocolate Moose for Greedy Goose.

Maths

We will be matching numerals to quantities in the sweet shop and estimating how many sweets are in the sweet jar! Using our mathematical skills, we'll weigh different foods during our cooking activities and begin using the **vocabulary 'more' and 'fewer'**. We will be discussing mealtimes and sequencing events in the day.

Rights Respecting—Article 29: We have the right to learn.

PSED

We will be learning the expectations and routines of nursery whilst learning about the Golden Rights. We will be playing co-operatively in the role play area extending and elaborating play ideas and initiating play with other children. **We will use sand timers to help turn taking with popular resources!**



Communication and Language

We will be practising our listening skills and developing our attention during our story times with our **'Favourite Five'** books. Whilst exploring in the investigation stations we will be exposed to new vocabulary such as **healthy, unhealthy, raw, cooked, bake, melting, crunchy, crispy, soft**.

Physical

We will have a special snack carefully spreading toppings on our own piece of toast and cutting it. We will develop our gross motor skills outside making marks with brushes and kitchen utensils. We will learn how and why it is important to wash our hands before preparing food and eating and **developing our understanding of what it means to be healthy**.

Understanding the World

In our investigation station we will look at and discuss foods cooked and uncooked such as **spaghetti, potatoes and chocolate**. We will cut different fruits in half and discover what they look like inside. We will use different forms of technology such as a toaster and a blender to make some delicious healthy snacks!

Expressive Arts and Design

Getting creative, we'll use a variety of foods for printing and mark making. What's that smell? We'll try to work out which foods are inside 'smell pots'. We will get imaginative in the sweet shop and at the vegetable market and design and create a pizza face! We will also learn some songs such as, **Twinkle, twinkle chocolate bar, Pat-a-cake, pat-a-cake bakers man and 10 fat sausages**.



What can I do at home?

Why not read and learn nursery rhymes about food? You could also use recycled materials to make meals on a paper plate. Will you make string spaghetti or green tissue paper peas? Alternatively, try following simple instructions to make a healthy snack. What fruits and vegetables will you use? **Don't forget to share on Tapestry!**